

STRIKEWRITERS- FEAR



By

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6TH GRADE

Fear. Everybody has it whether it's physical or mental. I, Lauren Madison have many fears- spiders, roaches, (all bugs in general) heights, & even monsters under my bed, but none of these added together can cover my fear of Atychiphobia, or fear of failure.

I fear that I will fail in life. Strange right? I have nightmares about not being able to support me or my family in the future. I dream about me not finishing college because of naïve mistakes I make. I have many dreams that I want to pursue before I die.

I want to get my law degree from Harvard, get a job as a lawyer for big name athletes then settle down in Los Angeles, California with my husband and 3 kids. These are the main things I plan to accomplish in my life but they will never happen if I let my Atychiphobia get in the way.

I need to find a way to get rid of my fear. Any suggestions? I've already tried everything you could think of: medication, therapists, psychologists, even hiding in my room until I forgot about it. After everything, I would forget about it for 2-3 days but it would always come back in the end. This has been going on since 7th grade when my school counselor brought up thinking about our futures. Only a handful of my friends actually have an idea of what of they want to be after college but out of them only 2-3 actually are worried about it, but not near as much as me. 2 years later, I still have the same issues and they are only getting worse. Since my parents found out about my fear, they make me see the school counselor 3 days a week where she does nothing but keeps it on my mind. She has this theory that if we talk about it enough my Atychiphobia will just disappear but it hasn't yet and I don't think it ever will.

As I am writing this, I'm starting to notice that you can never stop planning your life even if you want to, therefore you can never stop worrying about it so I'll just have to live with it.