

My life with Tourettes

When I was born I was a completely normal baby and I stayed that way up until I was 6 years old. When I was six years old I felt this feeling to nod my head so I did it but it kept coming so I kept nodding my head. Eventually it started hurting and I had to take Advil because of it. That's where the story really starts. Eventually that went away but this kinda screeching noise started coming after the nodding. It was the same feeling where I felt uncomfortable if I didn't do it.

Eventually school started again and I was in second grade. It happened but my teacher knew about it so she was fine with it when it happened during class but I was really embarrassed by it. One day we were in the library doing a kahoot which is a learning game. Right before the kahoot started my tick from my Tourettes happened louder than before and I got in trouble for it. I tried to explain it to her but I was so embarrassed that I started crying.

Ticks came and went some coming back sometimes and it was about the third grade when we went to the doctors. He told me I had Tourette's syndrome until then I thought it was just ticks for no reason so that changed it.

I was still very embarrassed of it even into the fourth grade which is when I started hyper accelerated math. My tick at that point was kind of a hiccup like noise so I told people that I had the hiccups a lot.

I was in fifth grade when I went to a brain doctor who gave me a test and it turns out i didnt have tourettes for no reason. I had tourettes because of a gene mutation. Fifth grade was also when I stopped being embarrassed of my tourettes and I even saw someone that I had told I had the hiccups to in fourth grade and I told him that it was really just tourettes.

Now I'm in sixth grade and I'm very open about my Tourettes. I've gotten in trouble for it sometimes but I just explain even if some of my teachers don't believe me. I hope that can keep growing and that one day they'll find a cure but until then ill keep writing the story only i can write.