

Christopher M.

Josh's depression

This is Josh. Josh is depressed; he is depressed because his mother recently died due to cancer. Josh was 11 when his mother died. On his birthday, he did not leave his room, so his father got medication help for his now 12-year-old son. Josh did not say a thing to the therapist for the first few appointments. But after the 5th appointment, josh started to talk, he said "My mother mean everything to me and now that shes gone what do I have left?" The therapist had nothing to say to him. Its five years later now and he is doing a lot better now. He's not fully and the therapist has no idea when and if he will recover but everyone knows that his mother is proud of him. The End